

It is said that from St Brighid's Day onwards the birds begin to sing and build their nests.



Can you help this bird find her way back to her nest?



Traditionally, in many part of Ireland, people used to dress up in funny costumes on the eve of the feast of St Brighid (31 January).

They were known as 'the Biddies'

and they travelled from house to house playing music and dancing. The 'Biddies' carried a doll called the *Brídeog*, which represented St Brighid. People welcomed the 'Biddies' and gave them a small gift or money in return for the entertainment they provided.

Count how many times each cute bird appears.



Happy St. Brighid's Day, 1st February

In Ireland the first day of February traditionally marks the start of Spring.

Long ago it also marked the ancient Celtic Festival of 'Imbolg'.

The first of February is associated with St Brighid, the patron saint of poets, sailors, blacksmiths and dairymaids.



Help the hedgehog find his way from his burrow into the sunshine!

Fill in the missing letters

POETRY

P _ _ _

S _ _ _

Days now become a little longer. Farmers begin working the land.

A hedgehog emerging from his burrow is a sign of mild weather.

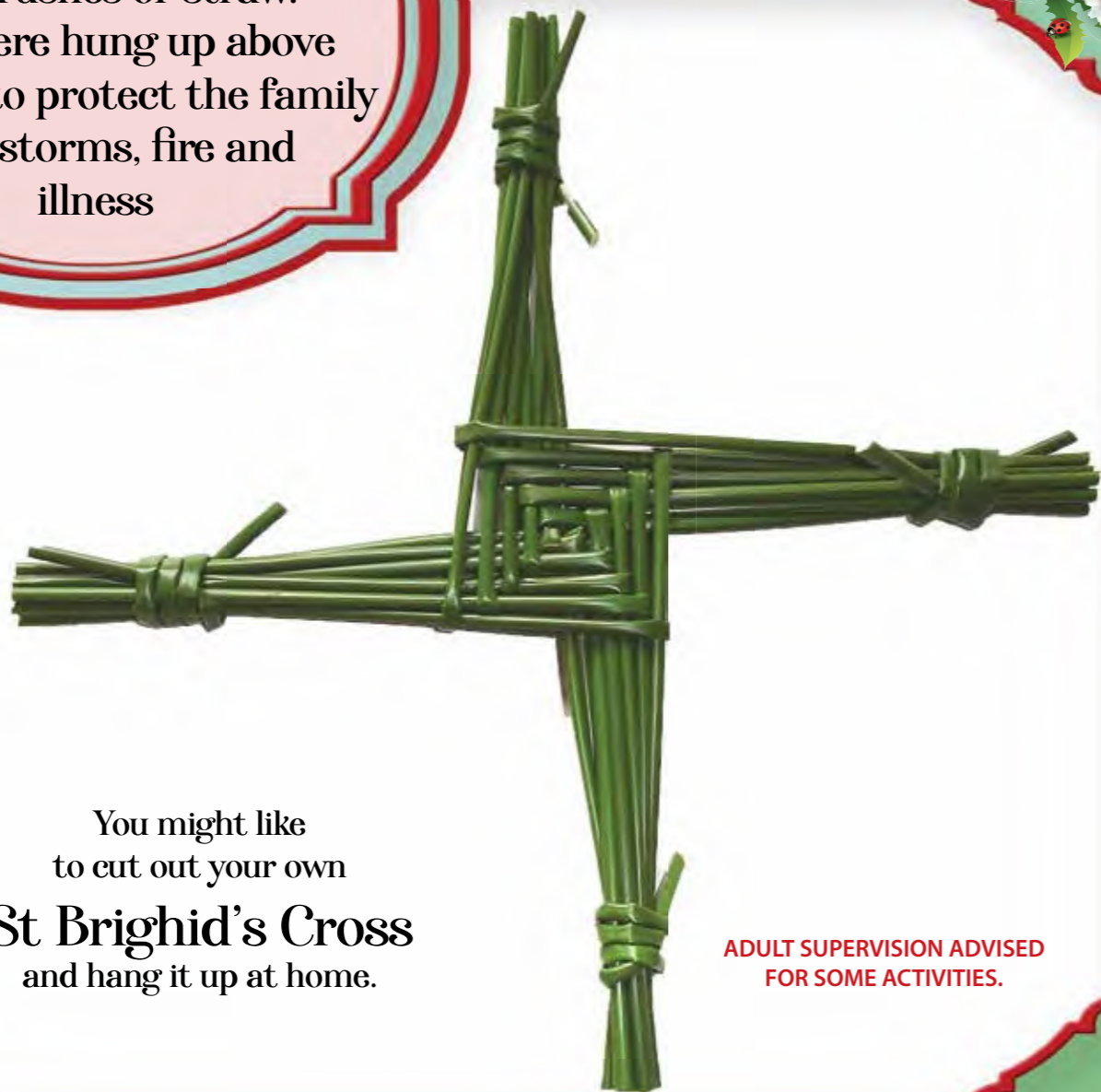
Scan this QR code to view our Spring video



CAN YOU
Spot Five Differences
BETWEEN THESE TWO PICTURES?



People traditionally made St Brigid's Crosses from rushes or straw. They were hung up above the door to protect the family from storms, fire and illness



You might like to cut out your own St Brigid's Cross and hang it up at home.

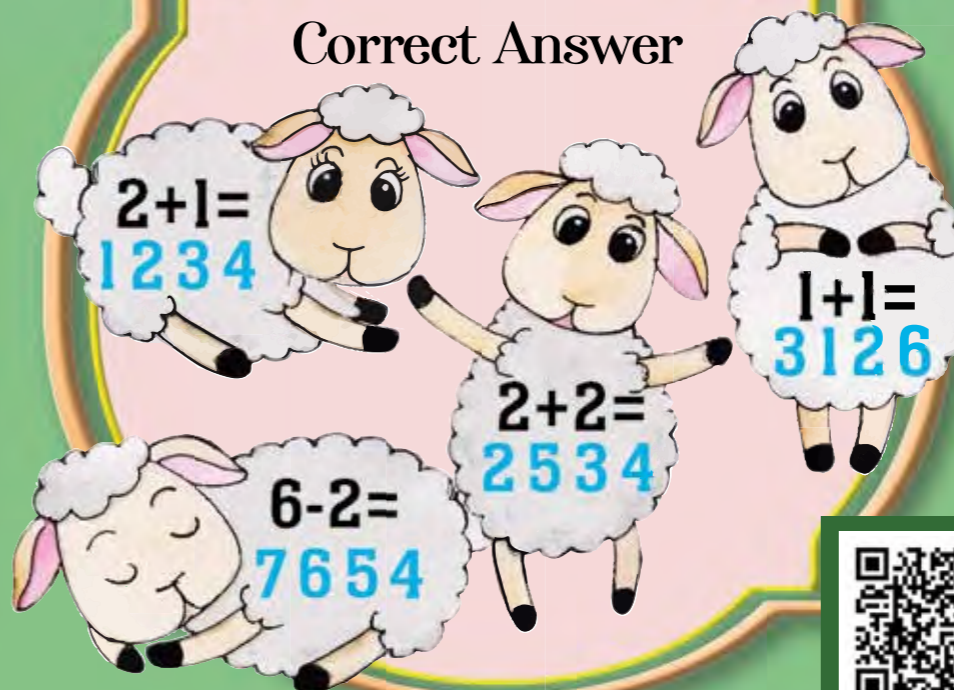
ADULT SUPERVISION ADVISED FOR SOME ACTIVITIES.

St Brigid loved animals and nature.

Use your colouring pencils or crayons to colour in these flowers.



Circle the Correct Answer



Brigid was said to visit every house in Ireland on 31 January to bless the people and their livestock.

A piece of cloth was left outside for the saint to touch as she passed by.

Called 'St Brigid's Cloak' the cloth was said to cure toothaches and headaches.

HELP ME!



Déan an cód MF seo a scanadh le féachaint ar an leagan Gaeilge dár bhfiseán.